

JUNE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:15 am Brain Gym Exercise & Trivia 2:00pm Happy Hour	2 4:00pm Mass
3 	4 9:15am Balloon Game 10:15 am Brain Gym Exercise & Trivia 2.00 pm Senior's Week Celebration by FCSS	5 9:15 am Exercise 10:15 am Beach Ball 11:00am Novel Time 2:00 pm Gardening	6 10:15am Yoga 11:00am Novel Reading 11.15 am 1:1 Sensory.S 2:00pm Craft 4:00pm Mass	7 9:30am Aromatherapy 10:15am Spa Sensation 2:00pm 	8 10:15 am Brain Gym Exercise & Trivia 2:00pm Happy Hour	9 4:00pm Mass
10 	11 9:15 am Balloon Game 10:15 am Brain Gym Exercise & Trivia 2.00 pm  3:15pm Snooker Game	12 9.15 am Exercise 10:15 am Beach Ball 11:00 am Novel Time 2:00pm BBQ Time	13 10:15am Laughter Yoga 11:00am Novel Reading 11.15 am 1:1 Sensory.S 2:00pm Father's Day Crft 4:00pm Mass	14 9:30am Aromatherapy 10:15am Zumba Dance 2:00 pm 	15 10.15 am Brain Gym Exercise & Trivia 2.00 pm Happy Hour	16 4:00pm Mass
17 	18 9:15am Balloon Game 10:15 am Brain Gym Exercise & Trivia 2:00 pm  3:15pm Shuffle Board	19 9:15am Exercise 10:15 am Beach Ball 11:00 am Novel Time 2:00 pm Gardening	20 10:15am Yoga  11:00am Novel Reading 11.15 am 1:1 Sensory.S 2:00pm Golfing 4:00pm Mass	21 9:30am Aromatherapy 10:15am Spa Sensation 2:00 pm  1ST DAY OF SUMMER	22  10.15 am Brain Gym Exercise & Trivia 2.00 pm Resident Council Meeting	23 4:00pm Mass
24 	25 9:15am Balloon Game 10:15am Brain Gym Exercise & Trivia 2:00pm Outdoor Picnic	26 9:15am Exercise 10:15 am Beach Ball 11:00 am Novel Time 2:00pm Outdoor Game	27 10:15am Laughter Yoga 11.15 am 1:1 Sensory.S 2:00 pm Social/Drama 4:00 pm Mass	28 9:30am Aromatherapy 10:15am Zumber Dance 2:00 pm 	29 10:15 am Brain Gym Exercise & Trivia 2:00pm Big Birthday Party	30 4:00pm Mass



Manoir du Lac Calendar of Activities



