

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>1 Reminiscing/ 1:1 Exercise 8:00am-9:10am Exercise/Trivia 9:30am-10:30am Novel Reading 11:00am-11:30am Drama-2:00pm</p>	<p>2 Sensory Stimulation 8:00am-9:10am Zumba & Trivia 9:30am-10:30am Novel Reading 11:00am-11:30am Bowling 2:00pm</p> 	<p>3 Exercise- 10:00am-11:00am Novel Reading 11:00am-11:30am Craft - 2:00pm</p>	<p>4 Music DJ- 10:00 am-11:00am BINGO 2:00pm</p> 	<p>5 Aromatherapy /Music 8:00am-9:10am Yoga/Trivia 9:30am-10:30am Happy Hour- 2:00pm Bible Study 3:30-4:30pm</p>	<p>6  Mass 4:00pm</p>	<p>7</p>
 <p>8 Reminiscing/ 1:1 Exercise 8:00am-9:10am Exercise/Trivia 9:30am-10:30am Novel Reading 11:00am-11:30am BINGO 2:00pm</p>	<p>9 Sensory Stimulation 8:00am-9:10am Zumba & Trivia 9:30am-10:30am Novel Reading 11:00am-11:30am Remembrance Day Craft - 2:00pm</p> 	<p>10 Lest we forget  Remembrance Day (Canada)</p>	<p>11 Music DJ- 10:00 am11:00am BINGO 2:00pm</p> 	<p>12 Aromatherapy / Music 8:00am-9:10am Yoga/Trivia 9:30am-10:30am Happy Hour- 2:00pm Bible Study 3:30-4:30pm</p>	<p>13  Mass 4:00pm</p>	<p>14</p>
 <p>15 Reminiscing/ 1:1 Exercise 8:00am-9:10am Exercise/Trivia 9:30am-10:30am Novel Reading 11:00am-11:30am Painting-2:00pm</p> 	<p>16 Sensory Stimulation 8:00am-9:10am Zumba & Trivia 9:30am-10:30am Novel Reading 11:00am-11:30am Bowling 2:00pm</p> 	<p>17 Exercise- 10:00am-11:00am Novel Reading 11:00am-11:30am Arm Chair travel 2:00pm</p>	<p>18 Word Search/ Coloring 10:00am-11:00am BINGO 2:00pm</p> 	<p>19 Aromatherapy /Music 8:00am-9:10am Yoga/Trivia 9:30am-10:30am Resident Council Meeting-2:00pm Bible Study 3:30-4:30pm</p>	<p>20  Mass 4:00pm</p>	<p>21</p>
 <p>22 Reminiscing/ 1:1 Exercise 8:00am-9:10am Exercise/Trivia 9:30am-10:30am Novel Reading 11:00am-11:30am BINGO 2:00pm</p>	<p>23 Sensory Stimulation 8:00am-9:10am Zumba & Trivia 9:30am-10:30am Novel Reading 11:00am-11:30am Jeopardy Game 2:00pm</p>	<p>24 Exercise- 10:00am-11:00am Novel Reading 11:00am-11:30am Craft - 2:00pm</p>	<p>25 MusicDJ- 10:00 am11:00am BINGO 2:00pm</p> 	<p>26 Aromatherapy/Music 8:00am-9:10am Yoga/Trivia 9:30am-10:30am Happy Birthday Celebration 2:00pm</p> 	<p>27  Mass 4:00pm</p>	<p>28</p>
 <p>29 Reminiscing/ 1:1 Exercise 8:00am-9:10am Exercise/Trivia 9:30am-10:30am Novel Reading 11:00am-11:30am Recreation Activities Evaluation -2:00pm</p>	<p>30</p>	 <p>November 2020</p> <p>INTEGRATED LIFE CARE MCLENNAN</p> <p>Manoir du Lac A Great Basin Community</p> <p>carl CANADA ACCREDITED</p> 				

Manoir Du Lac Calendar of Recreation Activities