



2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 	2	3 9:15 am Exercise 10.15 am Beach Ball 2:00pm Outdoor; Fly Skites	4 10:15am Yoga 11.15 am 1:1Sensory.S 2:00pm Craft 4:00pm Mass 	5 9:15am Aromatherapy 10:15amSpa Sensation 2.00pm BINGO	6 10:15 am Brain Gym Exercise & Trivia 2:00pm Happy Hour	7  4.00pm Mass	
8 	9 10:15 am Brain Gym Exercise&Trivia 11:15 am Reminiscing 2.00pm BINGO	10 9:15 am Exercise 10:15 am Beach Ball 11:00am Novel Reading 2:00pm Camp Fire	11 10:15am Laughter Yoga 11:00am Novel Reading 11.15 am 1:1Sensory.S 2:00pm Gardening 4:00pm Mass	12 9:15am Aromatherapy 10:15amWalk about McL 2.00pm BINGO 3:30pm Swiss Ball game	13 10:15 am Brain Gym Exercise & Trivia 2:00pm Happy Hour	14 4.00pm Mass	
15 	16 10:15 am Brain Gym Exercise&Trivia 11:15 am Reminiscing 2:00pm Badminton 3:30pm Snooker	17 9:15 am Exercise 10:15 am Beach Ball 11:00 am Novel Reading 2:00pm Golfing	18 10:15am Yoga 11:00am Novel Reading 11.15 am 1:1 Sensory.S 2:00pmSalad Fiesta 4:00pm Mass	19 9:15am Aromatherapy 10:15am Spa Sensation 2.00pm BINGO 3:30pm Swissball game	20 10.15 am Brain Gym Exercise & Trivia 2.00 pm Resident Council Meeting	21 4.00pm Mass	
22 	23 10:15 am Brain Gym Exercise&Trivia 11:15 am Reminiscing 2.00 pm BINGO 3:30pm Snooker Game	24 9:15am Exercise 10.15 am Beach Ball 11:00 am Novel Reading 2:00pm Camp Fire	25 10:15am Laughter Yoga 11:00am Novel Reading 11.15 am 1:1Sensory.S 2:00pm Bowling 4:00pm Mass	26 9:15am Aromatherapy 10:15amWalk about McL 2.00pm BINGO 3:30pm Swiss Ball game	27 10.15 am Brain Gym Exercise & Trivia 2:00pm Big Birthday Party 	28  4.00pm Mass	
29 	30 10:15am Brain Gym Exercise&Trivia 11:15 am Reminiscing 2:00pm Painting	31 9:15am Exercise 10:15 am Beach Ball 11:00 am Novel Reading 2:00pm Ice cream Social				 	



Manoir du Lac Calendar of Activities



