

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Sensory. S 8:00am-9:10am Zumba & Trivia 9:30am-10:30am Novel Reading 11:00am-11:30am  Painting -2:00pm	Exercise 10:00am-10:45am Novel Reading 11:00am-11:30am Word Search/Coloring 2:00pm	Exercise 10:00am-10:45am  2:00pm	Aromatherapy 8:00am-9:10am Yoga/Walk 9:30am-10:30am Happy Hour-2:00pm Bible Study 3:30-4:30pm	 Mass 4:00pm
	 Labor Day	Sensory. S 8:00am-9:10am Zumba & Trivia 9:30am-10:30am Novel Reading 11:00am-11:30am  Bowling 2:00pm	Exercise 10:00am-10:45am Novel Reading 11:00am-11:30am Arm Chair Travel 2:00pm	Exercise 10:00am-10:45am  2:00pm	Aromatherapy 8:00am-9:10am Yoga/Walk 9:30am-10:30am Happy Hour-2:00pm Bible Study 3:30-4:30pm	 Mass 4:00pm
 Happy Grandparents Day Grandparents Day	Reminiscing 8:00am-9:10am Exercise/Walk 9:30am-10:30am Novel Reading 11:00am-11:30am  2:00pm	Sensory Stimulation 8:00am-9:10am Zumba & Trivia 9:30am-10:30am Novel Reading 11:00am-11:30am Gardening/Harvest 2:00pm	Exercise 10:00am-10:45am Novel Reading 11:00am-11:30am Crafts 2:00pm	Exercise 10:00am-10:45am  2:00pm	Aromatherapy 8:00am-9:10am Yoga/Walk 9:30am-10:30am Resident Council Meeting-2:00pm Bible Study Rosh Hashanah Begins	Mass 4:00pm Oktoberfest Begins
	Reminiscing 8:00am-9:10am Novel Reading 11:00am-11:30am Exercise/Walk 9:30am-10:30am  Bowling 2:00pm	Sensory Stimulation 8:00am-9:10am Zumba & Trivia 9:30am-10:30am Novel Reading 11:00am-11:30am Drama 2:00pm Autumn Begins	Exercise 10:00am-10:45am Novel Reading 11:00am-11:30am Arm Chair Travel 2:00pm	Exercise 10:00am-10:45am  2:00pm	Aromatherapy 8:00am-9:10am Yoga/Walk 9:30am-10:30am Birthday Celebration 2:00pm Bible Study 3:30-4:30pm	Mass 4:00pm
Yom Kippur Begins	Reminiscing 8:00am-9:10am Novel Reading 11:00am-11:30am Exercise/Walk 9:30am-10:30am  2:00pm	Sensory. S 8:00am-9:10am Zumba & Trivia 9:30am-10:30am Novel Reading 11:00am  2pm	Exercise 10:00am-10:45am Novel Reading 11:00am-11:30am Crafts 2:00pm			

Manoir Du Lac Calendar of Recreation Activities