

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>Sensory Stimulation</b> 1 12:45pm-1:10pm <b>Zumba &amp; Trivia</b> 9:30am-10:30am  <b>Gardening:2:00pm</b>	2 <b>Exercise</b> 10:00am-10:45am <b>Novel Reading</b> 11:00am-11:30am  <b>Bowling-2:00pm</b>	3 <b>Music DJ</b> 10:00am-10:45am  <b>2:00pm</b>	4 <b>Aromatherapy /Music</b> 12:45pm-1:10pm <b>Yoga/Trivia</b> 9:30am-10:30am <b>Happy Hour- 2:00pm</b> <b>Bible Study</b> 3:30-4:30pm	5  <b>Movies-2:00pm</b> <b>Mass-4:00pm</b>
6 	7 <b>Reminiscing/</b> <b>1:1 Exercise</b> 12:45pm-1:10pm <b>Exercise/Trivia</b> 9:30am-10:30am  <b>Gardening:2:00pm</b>	8 <b>Sensory Stimulation</b> 8:00am-9:10am <b>Zumba &amp; Trivia</b> 9:30am-10:30am  <b>Walk 2:00pm</b>	9 <b>Exercise</b> 10:00am-10:45am <b>Novel Reading</b> 11:00am-11:30am <b>Memory Game</b> 2:00pm	10 <b>Music DJ</b> 10:00am-10:45am  <b>2:00pm</b>	11 <b>Aromatherapy /Music</b> 12:45pm-1:10pm <b>Yoga/Trivia</b> 9:30am-10:30am <b>Backyard Campout</b>  <b>2:00pm</b>	12 <b>Movies-2:00pm</b> <b>Mass-4:00pm</b> 
13 	14 <b>Reminiscing/</b> <b>1:1 Exercise</b> 12:45pm-1:10pm <b>Exercise/Trivia</b> 9:30am-10:30am  <b>2:00pm</b> Flag Day (US)	15 <b>Sensory Stimulation</b> 8:00am-9:10am <b>Zumba &amp; Trivia</b> 9:30am-10:30am  <b>Gardening:2:00pm</b>	16 <b>Exercise</b> 10:00am-10:45am <b>Crafts-2:00pm</b>	17 <b>Music DJ</b> 10:00am-10:45am  <b>2:00pm</b>	18 <b>Aromatherapy</b> 12:45pm-1:10pm <b>Yoga/Trivia</b> 9:30am-10:30am <b>Resident Council Meeting-2:00pm</b> <b>Bible Study-3:30-4:30pm</b>	19  <b>Father's Day Celebration 2:00pm</b> Juneteenth
20 <b>Happy Father's Day</b> 	21 <b>Reminiscing/</b> <b>1:1 Exercise</b> 12:45pm-1:10pm <b>Exercise/Trivia</b> 9:30am-10:30am  <b>Hawaii Party 2:00pm</b>	22 <b>Sensory Stimulation</b> 8:00am-9:10am <b>Zumba &amp; Trivia</b> 9:30am-10:30am  <b>Bowling-2:00pm</b>	23 <b>Exercise</b> 10:00am-10:45am <b>Novel Reading</b> 11:00am-11:30am  <b>Walk 2:00pm</b>	24 <b>Music DJ</b> 10:00am-10:45am  <b>2:00pm</b>	25 <b>Aromatherapy /Music</b> 12:45pm-1:10pm <b>Yoga/Trivia</b> 9:30am-10:30am <b>Birthday Celebration-2:00pm</b>	26  <b>Movies-2:00pm</b> <b>Mass-4:00pm</b>
27 	28 <b>Reminiscing/</b> <b>1:1 Exercise</b> 12:45pm-1:10pm <b>Exercise/Trivia</b> 9:30am-10:30am  <b>2:00pm</b>	29 <b>Sensory Stimulation</b> 8:00am-9:10am <b>Zumba &amp; Trivia</b> 9:30am-10:30am <b>Jeopardy Game -2:00pm</b>	30 <b>Exercise</b> 10:00am-10:45am <b>Novel Reading</b> 11:00am-11:30am  <b>Campfire 2:00pm</b>			

Manoir Du Lac Calendar of Recreation Activities